

PRINT & ONLINE RESOURCES SUPPORTING SUBSTANCE ABUSE AND VIOLENCE PREVENTION IN SCHOOLS:

- *Best Practice Approach Website Tool*. A website based on Maine's Best Practices in Bullying and Harassment Prevention guide for schools and communities and hosted by the Department of Education. The site contains a variety of resources and tools from Maine, other states and the federal government aimed at assisting schools to prevent and address bullying and harassment. The resources include sample policies, free assessment and survey tools, tips for putting policy into practice and state-level statistics on bullying, substance abuse and mental health.
- *Information & Resource Center (IRC)*. A collection of books, videos, DVDs, and pamphlets regarding all aspects of substance abuse housed at the Office of Substance Abuse. Library materials are searchable online and available on loan. Informational pamphlets and handouts are distributed free statewide. Staff are available to assist with searches for information.
- *Maine Marks*. Maine Marks is a set of social indicators that reflect the well-being of Maine children, families and communities. It is an initiative of the Governor's Children's Cabinet in partnership with the University of Southern Maine and other organizations.
- *Maine Prevention Calendar*. This online calendar is for listing prevention and health promotion-related events that are statewide or regional in scope, such as trainings, lectures, conferences, community events and other types of large scale meetings. It represents a coordinated effort to promote resource sharing for professional development and to assist all programs with scheduling. Each of the following has contributed items: Communities for Children and Youth; Juvenile Justice; Maine Centers for Disease Control and Prevention; Maine Department of Education; and the Office of Substance Abuse. The calendar is organized by date and by topic; events may be submitted by anyone using an online form.
- *School Guide for Selecting Evidence-based Programs*. A document created by the Office of Substance Abuse that includes process steps, information, and tools to help schools select evidence-based prevention programs that best fit their unique needs and resources. This includes sample planning worksheets, descriptions of evidence-based prevention programs and examples of proven, low-cost prevention strategies and additional resources and support.
- *School Policy Guide for Substance Abuse*. A document created by the Office of Substance Abuse to assist schools in reviewing, revising, communicating, and enforcing a comprehensive substance abuse policy. The Guide provides step-by-step instruction on how to develop or enhance a policy to be comprehensive and based on research and best practices.
- *Substance Abuse Prevention Listserv*. A statewide listserv managed by the Office of Substance Abuse through which announcements regarding materials, training, news media or emerging issues can be disseminated to the entire prevention community.